



The Poha Breakfast

Mr. Rahul Kala, Alumni (IPG2005)

Night out is certainly a common practice at IITM Gwalior, sometimes due to project, sometimes due to movies, while sometimes solely due to habit, it's always fun. When during the late hours sleep slowly starts taking over, there's one strong motivation to keep you going – the morning poha. However in some cases the task may never be as simple as getting up, going to the station and enjoying the meal as is the case with most people.

The article is an in depth analysis to/of the procedure. It starts with initiation. Early morning, you scan your chat list to see tentative candidates to accompany and usually find few. However the problem is who initiates the notion? It is like taking shelter in a hotel with your girlfriend, escaping from rain. Both know it's got to happen, but who initiates! Well, the problem didn't stay for long. Soon a resolution was passed that the junior-most member available on chat list initiates. Thinking ourselves to be wise men we passed this resolution, not realizing that the junior-most member might only be active on chat, and not in these activities. This is like asking a girl for

date who doesn't eat outside. Anyways, with time people adapted, resolution weakened and some people improved. Following the resolution, you have a greater problem. You have no idea when the initiation ping would come. People who've operated Youtube on 'certain' content in slow internet connection would know the pain of waiting for the video to buffer. You can't really wait and don't know the time you need to wait.

Not to a surprise, eventually the decision to go is made. Many people at hostels are obsessed with economy, which becomes the next problem. Considering the cost of poha, expected amount eaten, and cost of petrol, there comes an optimization equation stating options of number of people who can travel, and in cases it is hard to find the minimal number. It's like having a tequila right in front of you, but just before you can get hold of it someone stops you, stating cost calculations in process. Now you knew it was yours, but now no guarantees.

Attributed to a good search algorithm (or characteristics of the person behind it), we normally make it to the shop. When normal people go to the shop, they tell the quantity needed. However in this case half the attending population is defected with dietary constraints that include poha ingredients. So a long order follows which includes

customized pahas with different customizations. Regular tea follows. Station environment may not be the best in the morning, but there's always a chance of a good sight. After first round, comes the second. Now as per traditions, breakfast is a light meal, which is usually followed by a heavier lunch and dinner. Whatsoever is the philosophy behind it, but human body has a capacity. Sometimes least expected people tend to defy all these rules and take you by a surprise. This is when second round follows first, third follows second, and a few iterations more. You may be a mere spectator ensuring your counting skills are still fine. Here you may start thinking of all the physical & psychological processes of human body, but then u realize there are more 'interesting' behaviours of the other person which may be more worthy of thought and discussions. Finally drive back to hostel, mess tea and that is a good job for the day. But then is it sleep that follows, or morning jobs, or a casual rest? Well in most cases neither. Common things to follow include movies, chit chats and other multimedia stuff.